



Subsidised First Aid Course for Volunteers

Do you require basic First Aid knowledge in your volunteering role?

Would you like to access a First Aid course locally?

Would your group benefit from having a qualified First Aider in your organisation?

Would you like a cheaper alternative?

The Shire of Mundaring will be subsidising a First Aid course for local volunteers in the Shire on Basic Resuscitation and General First Aid which will include the following:

- D.R.A.B.C.D. action plan
- Recovery position for an unconscious casualty
- Choking
- Cardio Pulmonary Resuscitation
- Recognise and manage heart conditions
- Control external bleeding
- Legal issues
- Infection control
- Defibrillation and oxygen demonstration
- Stress management
- General sports injuries
- R.I.C.E
- Managing basic medical emergencies

Where: Shire of Mundaring Civic Area
When: Thursday, 5 & 12 November 2009
Time: 6pm – 9pm
Cost: \$35.00 (This course is usually \$70.00)

Call the 'Community Development Advisor – Volunteers' at the Shire of Mundaring on 9290-6682 for more information.

Bookings are essential and places are limited so please call and book your place as soon as possible.