

## Volunteer Story - Les and Shirley Stratton

Shirley and Les Stratton have practically become part of the furniture at The Hub of the Hills, after volunteering for more than a dozen years between them in Shire of Mundaring.



The Glen Forrest residents are two of the founding members of the Active Ageing Network, which was established in 2005. The Network is instrumental in planning and delivering activities and events suitable for all age groups in the Shire.

Mrs Stratton initiates and manages biannual fashion parades at The Hub of the Hills, liaising with fashion outlets, sourcing models, organising volunteers and the catering. She is also famed for her home baked goodies, which are served up at regular morning teas at The Hub.

"I like the company and we have met some lovely people here," Mrs Stratton said. "There is also the satisfaction of doing something positive in the community."

Mr Stratton plays a much quieter, but no less important role at the Hub. "I usually wash the dishes, serve tea and coffee, set up tables and chairs or whatever else needs doing," he said. "I like it here and someone has to do the dishes."

Mr Stratton also volunteers at the Mundaring Men's Shed, with the pair involved in a number of other community groups.

In the Shire of Mundaring, 20% of the population or nearly 5000 residents aged 15 years and older volunteer their time to help others.