

Celebrating Seniors Program *Summary*

To acknowledge the valued contributions of our senior community, Shire of Mundaring delivered 41 free and accessible activities from 10-21 November 2025.

All activities throughout the Shire were developed to support healthy living and designed to bring joy, connection and inspiration to older adults across the region while honouring the wisdom, resilience and spirit of our seniors.



The activities were promoted via social media, newspaper adverts, on the Shire reception and library screens, through Eventbrite, the Shire event calendar, community noticeboards and flyer letterbox drops.



The total cost was \$3912, with the Shire securing \$3000+ GST in grant funding from Department of Communities and Lotterywest via Advocare.

400

Seniors attended from surrounding local Governments, Mundaring, Swan, Kalamunda, Bayswater and Bassendean

41

Activities delivered across Mundaring, Swan View, Boya, Mahogany Creek, Mount Helena and Chidlow

54

Volunteers were involved with the delivery of activities

100%

of feedback forms received indicated the activity supported physical or mental health

13

Businesses and organisations supported, 10 of which locally based within the Shire

4.5/5

Average activity rating based on completed feedback forms

Community *Connections*

Seniors have continued to engage in chair yoga, move and groove, sound meditation and the Men's Shed since first trying it during the fortnight of activities.