

Youth Yarns

Youth Programs and Activities



Youth voices to help shape the Hills

Shire of Mundaring is proud to introduce its newly established Mundaring Youth Group (MYG) – a dynamic team of 11 young local leaders passionate about shaping the future of youth engagement across the Shire.

Comprised of young people aged 12 - 25 years, the Mundaring Youth Group has been created to represent the opinions and aspirations of young people at a local government level and to advocate on their behalf. The group provides a direct connection between young people, their families, community organisations, Shire staff and Council, helping encourage and create youth participation and engagement opportunities.

Members will also provide advice and recommendations on issues affecting young people and help raise awareness of youth initiatives and events.

“Being part of the Mundaring Youth Group is a great way to make a real difference in our community and have our voices heard,” said group member Samantha.

We're excited to see the ideas and energy this inspiring group will bring to the Shire.

[Learn more](#)



Local brothers strike gold at national mountain bike comp

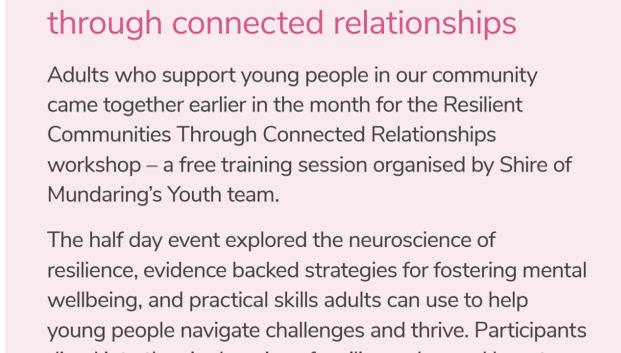
With the support of a Shire of Mundaring Youth Travel Grant, local brothers Koen and Dane Breznikar have returned from Tasmania with an incredible haul of seven gold medals after competing at the Red Bull Hardline and Gravity Fest Mountain Bike Competition.

The talented riders delivered outstanding performances across the event, with Dane winning all four of his races and Koen securing three first-place finishes and one fifth-place finish. Their success is a testament to the dedication, skill and determination of young athletes in our Hills community.

The Shire's Youth Travel Grant program supports local young people to access opportunities beyond the Hills by helping cover the costs of travelling to competitions, performances, leadership programs and other events where they represent the community.

Congratulations to Koen and Dane on their fantastic results. If you're a young person representing the Hills at competitions, performances or other opportunities, consider applying for a Youth Travel Grant to help support your journey.

[Apply here](#)



Building resilient communities through connected relationships

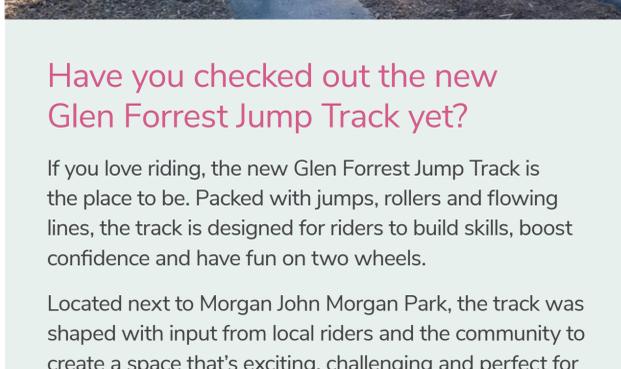
Adults who support young people in our community came together earlier in the month for the Resilient Communities Through Connected Relationships workshop – a free training session organised by Shire of Mundaring's Youth team.

The half day event explored the neuroscience of resilience, evidence backed strategies for fostering mental wellbeing, and practical skills adults can use to help young people navigate challenges and thrive. Participants dived into the six domains of resilience, learned how to strengthen their own wellbeing, and discussed principles for engaging young people in building habits that support long term resilience. The session emphasised that supporting young people starts with adults being equipped, grounded and connected.

“It was amazing,” said participant Kate.

“I spent the whole weekend thinking about what I learned on the course and I'm applying the learning every day to the young people I work with, and within my own family. I think every parent and adult should have the opportunity to do this training.”

Thank you to everyone who took part – we look forward to offering more opportunities to grow skills that strengthen our whole community.



Have you checked out the new Glen Forrest Jump Track yet?

If you love riding, the new Glen Forrest Jump Track is the place to be. Packed with jumps, rollers and flowing lines, the track is designed for riders to build skills, boost confidence and have fun on two wheels.

Located next to Morgan John Morgan Park, the track was shaped with input from local riders and the community to create a space that's exciting, challenging and perfect for hanging out with friends.

Whether you're working on your next big jump or just keen for a ride after school, the jump track is a great way to get outside, stay active and spend less time on screens.

[Read full story](#)

Upcoming Events



7 April

Henna Holiday Workshop

11:30am to 1:30pm • Mundaring Arena

This FREE fun activity involves learning the details of henna, it's origins, and the significance of using premium natural henna paste.

[Register here](#)

17 April

Youth Cooking Workshop

10am to 1pm • Swan View Youth Centre

If you're a foodie and want to learn more about food sustainability, improve your cooking skills, and finish off with a delicious meal, this is the workshop for you!

[Register here](#)



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